

**Points Meet # 01S**  
**Tuesday 28 October 2008 at Kwinana Recquatic**

**Short Course**  
 SwimCLUB for Windows

Legend	Green First Time	Yellow Personal Best	Male Club Record	Female Club Record
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**Event 1 25m Backstroke (Go)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Fraser Wipp	KWN	10 (5)		00:23.54		2
3	Kristen Cappeluti	KWN	8 (0)	00:32.20	00:32.33	0.13 (0.40%)	3
4	Majella Bouwman	KWN	15 (0)		00:18.94		1
5	Evy Donaldson (np)	KWN	9 (1)		00:33.02		4

**Heat 2**

1	Matt VandenLangenberg	KWN	8 (4)	00:29.59	Did Not Swim		
2	Jessica VandenLangenberg	KWN	9 (8)	00:28.41	Did Not Swim		
3	Nina Buonvecchi	KWN	10 (2)	00:20.41	00:20.50	0.09 (0.44%)	1
4	Annaleise Gaffney (Rec)	KWN	10 (2)	00:27.03	00:37.79	10.76 (39.81%)	3
5	Sophie Buonvecchi	KWN	8 (0)	00:29.13	00:28.15	-0.98 (-3.36%)	2

**Event 2 100m Backstroke (Hcp Pts)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	HC	SwimTime	Improv	Place
1	Tony Ball	KWN	49 (8)	01:50.49	21	01:52.99	2.50 (2.26%)	3
2	Caitlin Cappeluti	KWN	9 (4)	02:08.62	3	01:57.76	-10.86 (-8.44%)	2
3	Annaleise Gaffney (Rec)	KWN	10 (2)	02:11.43	0	02:58.02	46.59 (35.45%)	4
4	Amberley Bouwman	KWN	12 (9)		0	01:41.50		1

**Heat 2**

1	Olivia Bouwman	KWN	16 (11)	01:38.41	10	01:32.85	-5.56 (-5.65%)	2
2	Sebastian Buonvecchi	KWN	12 (2)	01:38.75	10	01:45.39	6.64 (6.72%)	3
3	Zalman Hardy	KWN	15 (1)	01:43.60	5	02:05.26	21.66 (20.91%)	4
4	Alexander-Thomas Nolan (pp)	KWN	9 (11)	01:48.47	0	01:40.47	-8.00 (-7.38%)	1

**Heat 3**

1	Ryan Whiddett	KWN	16 (6)	01:19.77	14	01:23.70	3.93 (4.93%)	3
2	Austin McAleese	KWN	11 (3)	01:20.89	13	01:32.93	12.04 (14.88%)	6
3	Ashley-N'Dene Nolan (pp)	KWN	15 (9)	01:21.95	12	01:27.63	5.68 (6.93%)	4
4	Steven Scott	KWN	13 (7)	01:26.58	7	01:16.15	-10.43 (-12.05%)	1
5	Ethan-Lee Nolan (pp)	KWN	12 (8)	01:33.56	0	01:35.55	1.99 (2.13%)	2
6	Ethan McAleese	KWN	8 (8)	01:33.98	0	01:45.52	11.54 (12.28%)	5

**Event 3 50m Backstroke (Hcp Pts)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	HC	SwimTime	Improv	Place
1	Matt VandenLangenberg	KWN	8 (4)	01:00.41	14	Did Not Swim		
2	Annaleise Gaffney (Rec)	KWN	10 (2)	01:01.02	13	01:13.47	12.45 (20.40%)	3
3	Jessica VandenLangenberg	KWN	9 (8)	01:04.57	9	Did Not Swim		
4	Kristen Cappeluti	KWN	8 (0)	01:13.95	0	01:14.08	0.13 (0.18%)	2
5	Fraser Wipp	KWN	10 (5)		0	00:55.82		1

**Heat 2**

1	Steven Scott	KWN	13 (7)	00:36.82	21	00:35.86	-0.96 (-2.61%)	3
2	Majella Bouwman	KWN	15 (0)	00:41.50	16	00:42.33	0.83 (2.00%)	5
3	Ethan McAleese	KWN	8 (8)	00:44.27	13	00:48.89	4.62 (10.44%)	6
4	Alexander-Thomas Nolan (pp)	KWN	9 (11)	00:46.55	11	00:45.34	-1.21 (-2.60%)	1
5	Lara Buonvecchi	KWN	10 (2)	00:47.18	11	00:45.84	-1.34 (-2.84%)	2
6	Caitlin Cappeluti	KWN	9 (4)	00:57.73	0	00:57.80	0.07 (0.12%)	4

**Event 4a 50m split for 400m Freestyle**

**Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Nina Buonvecchi	KWN	10 (2)	00:35.86	00:41.50	5.64 (15.73%)	3
3	Ryan Whiddett	KWN	16 (6)	00:29.60	00:34.54	4.94 (16.69%)	1
4	Ethan-Lee Nolan (pp)	KWN	12 (8)	00:34.42	00:37.76	3.34 (9.70%)	2

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### Event 4b 100m split for 400m Freestyle

#### Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Nina Buonvecchi	KWN	10 (2)	01:18.41	01:29.59	11.18 (14.26%)	3
3	Ryan Whiddett	KWN	16 (6)	01:04.54	01:12.86	8.32 (12.89%)	1
4	Ethan-Lee Nolan (pp)	KWN	12 (8)	01:19.30	01:21.34	2.04 (2.57%)	2

### Event 4c 200m split for 400m Freestyle

#### Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Nina Buonvecchi	KWN	10 (2)	03:02.10	03:10.35	8.25 (4.53%)	3
3	Ryan Whiddett	KWN	16 (6)	02:25.87	02:30.00	4.13 (2.83%)	1
4	Ethan-Lee Nolan (pp)	KWN	12 (8)	02:51.92	02:49.31	-2.61 (-1.52%)	2

### Event 4 400m Freestyle (Go)

#### Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Nina Buonvecchi	KWN	10 (2)	06:38.02	06:31.24	-6.78 (-1.70%)	3
3	Ryan Whiddett	KWN	16 (6)	05:15.49	05:02.69	-12.80 (-4.06%)	1 <b>16yrs Record</b>
4	Ethan-Lee Nolan (pp)	KWN	12 (8)	06:04.89	05:50.96	-13.93 (-3.82%)	2

### 400m Freestyle Splits

Event 4	Heat 1	Lane 2	H/Cap		
Nina Buonvecchi					
	Split	Elapsed	100m	200m	
50m Fs	0:41.50	0:41.50			
100m Fs	1:29.59	0:48.09	1:29.59		3:10.35
150m Fs	2:19.27	0:49.68			
200m Fs	3:10.35	0:51.08	1:40.76		
250m Fs	4:01.54	0:51.19			
300m Fs	4:52.57	0:51.03	1:42.22		3:20.89
350m Fs	5:43.37	0:50.80			
400m Fs	6:31.24	0:47.87	1:38.67		

Event 4	Heat 1	Lane 3	H/Cap		
Ryan Whiddett					
	Split	Elapsed	100m	200m	
50m Fs	0:34.54	0:34.54			
100m Fs	1:12.86	0:38.32	1:12.86		2:30.00
150m Fs	1:50.96	0:38.10			
200m Fs	2:30.00	0:39.04	1:17.14		
250m Fs	3:09.00	0:39.00			
300m Fs	3:48.28	0:39.28	1:18.28		2:32.69
350m Fs	4:26.48	0:38.20			
400m Fs	5:02.69	0:36.21	1:14.41		

Event 4	Heat 1	Lane 4	H/Cap		
Ethan-Lee Nolan (pp)					
	Split	Elapsed	100m	200m	
50m Fs	0:37.76	0:37.76			
100m Fs	1:21.34	0:43.58	1:21.34		2:49.31
150m Fs	2:04.74	0:43.40			
200m Fs	2:49.31	0:44.57	1:27.97		
250m Fs	3:33.12	0:43.81			
300m Fs	4:18.68	0:45.56	1:29.37		3:01.65
350m Fs	5:04.51	0:45.83			
400m Fs	5:50.96	0:46.45	1:32.28		

### Event 5 200m Individual Medley (Hcp Pts)

#### Heat 1

Lane	Name	Club	Age	NomnTime	HC	SwimTime	Improv	Place
1	Olivia Bouwman	KWN	16 (11)	0	0	03:47.58		3
2	Ashley-N'Dene Nolan (pp)	KWN	15 (9)	0	0	03:05.31		1
3	Ethan-Lee Nolan (pp)	KWN	12 (8)	0	0	03:11.12		2
4	Caitlin Cappeluti	KWN	9 (4)	0	0	04:22.18		5
5	Alexander-Thomas Nolan (pp)	KWN	9 (11)	0	0	03:59.02		4

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**Heat 2**

1	Steven Scott	KWN	13 (7)	03:09.84	32	03:09.82	-0.02 (-0.01%)	3
2	Austin McAleese	KWN	11 (3)	03:22.70	19	03:15.17	-7.53 (-3.71%)	1
3	Sebastian Buonvecchi	KWN	12 (2)	03:32.40	10	03:47.73	15.33 (7.22%)	4
4	Zalman Hardy	KWN	15 (1)	03:37.79	4	4:30.30		6
5	Ethan McAleese	KWN	8 (8)	03:41.92	0	03:57.91	15.99 (7.21%)	5
6	Tony Ball	KWN	49 (8)		0	03:38.89		2

**Event 6 100m Individual Medley (Hcp Pts)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	HC	SwimTime	Improv	Place
1	Caitlin Cappeluti	KWN	9 (4)	01:54.15	23	02:01.39	7.24 (6.34%)	4
2	Annaleise Gaffney (Rec)	KWN	10 (2)	02:17.52	0	02:32.21	14.69 (10.68%)	5
3	Majella Bouwman	KWN	15 (0)		0	01:33.67		1
4	Amberley Bouwman	KWN	12 (9)		0	01:43.80		2
5	Fraser Wipp	KWN	10 (5)		0	02:04.67		3

**Heat 2**

1	Austin McAleese	KWN	11 (3)	01:20.26	25	01:31.33	11.07 (13.79%)	5
2	Steven Scott	KWN	13 (7)	01:24.67	20	01:28.06	3.39 (4.00%)	2
3	Ethan-Lee Nolan (pp)	KWN	12 (8)	01:29.61	15	01:27.59	-2.02 (-2.25%)	1
4	Ethan McAleese	KWN	8 (8)	01:35.87	9	01:48.94	13.07 (13.63%)	6
5	Lara Buonvecchi	KWN	10 (2)	01:37.84	7	01:44.27	6.43 (6.57%)	4
6	Alexander-Thomas Nolan (pp)	KWN	9 (11)	01:44.85	0	01:48.07	3.22 (3.07%)	3

**Event 7 50m Breaststroke (Go)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Jessica VandenLangenberg	KWN	9 (8)	01:41.08	Did Not Swim		
2	Sophie Buonvecchi	KWN	8 (0)	01:13.86	01:13.18	-0.68 (-0.92%)	3
3	Amberley Bouwman	KWN	12 (9)	00:56.36	00:53.99	-2.37 (-4.21%)	1
4	Annaleise Gaffney (Rec)	KWN	10 (2)	01:09.61	01:10.93	1.32 (1.90%)	2
5	Matt VandenLangenberg	KWN	8 (4)	01:16.81	Did Not Swim		

**Heat 2**

1	Olivia Bouwman	KWN	16 (11)	00:56.35	00:55.04	-1.31 (-2.32%)	4
2	Ethan McAleese	KWN	8 (8)	00:55.79	00:56.54	0.75 (1.34%)	5
3	Nina Buonvecchi	KWN	10 (2)	00:50.69	00:53.53	2.84 (5.60%)	3
4	Majella Bouwman	KWN	15 (0)	00:51.75	00:50.50	-1.25 (-2.42%)	1
5	Alexander-Thomas Nolan (pp)	KWN	9 (11)	00:56.15	00:53.49	-2.66 (-4.74%)	2

**Heat 3**

1	Sebastian Buonvecchi	KWN	12 (2)	00:48.69	00:52.25	3.56 (7.31%)	6
2	Ethan-Lee Nolan (pp)	KWN	12 (8)	00:45.09	00:45.01	-0.08 (-0.18%)	2
3	Ryan Whiddett	KWN	16 (6)	00:36.24	00:37.44	1.20 (3.31%)	1
4	Austin McAleese	KWN	11 (3)	00:43.70	00:45.57	1.87 (4.28%)	3
5	Zalman Hardy	KWN	15 (1)	00:47.45	00:45.77	-1.68 (-3.54%)	4
6	Lara Buonvecchi	KWN	10 (2)	00:50.60	00:51.84	1.24 (2.45%)	5

**Event 8 25m Freestyle With Fins (Go)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Evy Donaldson (np)	KWN	9 (1)		00:23.62		4
3	Kristen Cappeluti	KWN	8 (0)	00:22.59	00:20.37	-2.22 (-9.83%)	3
4	Annaleise Gaffney (Rec)	KWN	10 (2)		00:20.35		1
5	Sophie Buonvecchi	KWN	8 (0)		00:20.36		2

**Heat 2**

2	Caitlin Cappeluti	KWN	9 (4)	00:18.61	00:16.17	-2.44 (-13.11%)	3
3	Ryan Whiddett	KWN	16 (6)	00:12.21	00:11.95	-0.26 (-2.13%)	1 <span style="background-color: #00b0f0; color: white; padding: 2px;">16+Opn Rec</span>
4	Nina Buonvecchi	KWN	10 (2)	00:14.92	00:14.98	0.06 (0.40%)	2
5	Matt VandenLangenberg	KWN	8 (4)	00:20.20	Did Not Swim		

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**Event 9 100m Freestyle (Hcp Pts)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	HC	SwimTime	Improv	Place
1	Amberley Bouwman	KWN	12 (9)	01:36.19	26	01:31.74	-4.45 (-4.63%)	2
2	Caitlin Cappeluti	KWN	9 (4)	01:51.96	10	02:05.44	13.48 (12.04%)	3
3	Annaleise Gaffney (Rec)	KWN	10 (2)	02:02.22	0	02:20.33	18.11 (14.82%)	4
4	Fraser Wipp	KWN	10 (5)		0	01:48.02		1
5	Matt VandenLangenberg	KWN	8 (4)		0	Did Not Swim		

**Heat 2**

1	Tony Ball	KWN	49 (8)	01:28.41	6	01:35.16	6.75 (7.63%)	4
2	Majella Bouwman	KWN	15 (0)	01:28.69	6	01:23.95	-4.74 (-5.34%)	1
3	Zalman Hardy	KWN	15 (1)	01:28.78	6	01:31.90	3.12 (3.51%)	3
4	Olivia Bouwman	KWN	16 (11)	01:34.48	0	01:35.59	1.11 (1.17%)	2
5	Alexander-Thomas Nolan (pp)	KWN	9 (11)	01:34.80	0	01:49.26	14.46 (15.25%)	5

**Heat 3**

1	Ryan Whiddett	KWN	16 (6)	01:04.54	24	01:10.52	5.98 (9.27%)	3
2	Austin McAleese	KWN	11 (3)	01:10.67	18	01:26.73	16.06 (22.73%)	6
3	Steven Scott	KWN	13 (7)	01:15.22	13	01:14.66	-0.56 (-0.74%)	1
4	Ashley-N'Dene Nolan (pp)	KWN	15 (9)	01:16.70	12	01:21.02	4.32 (5.63%)	2
5	Sebastian Buonvecchi	KWN	12 (2)	01:23.33	0	01:35.49	12.16 (14.59%)	5
6	Ethan McAleese	KWN	8 (8)	01:28.21	0	01:34.53	6.32 (7.16%)	4

**Event 10 50m Freestyle (Hcp Pts)**

**Heat 1**

Lane	Name	Club	Age	NomnTime	HC	SwimTime	Improv	Place
1	Matt VandenLangenberg	KWN	8 (4)	01:00.37	6	Did Not Swim		
2	Kristen Cappeluti	KWN	8 (0)	01:06.65	0	01:08.62	1.97 (2.96%)	2
3	Fraser Wipp	KWN	10 (5)		0	00:50.41		1

**Heat 2**

1	Caitlin Cappeluti	KWN	9 (4)	00:44.41	13	00:47.26	2.85 (6.42%)	1
2	Annaleise Gaffney (Rec)	KWN	10 (2)	00:54.21	4	01:00.11	5.90 (10.88%)	2
3	Sophie Buonvecchi	KWN	8 (0)	00:56.79	1	01:03.21	6.42 (11.30%)	3
4	Jessica VandenLangenberg	KWN	9 (8)	00:57.79	0	Did Not Swim		

**Heat 3**

1	Steven Scott	KWN	13 (7)	00:31.15	1	00:42.06	10.91 (35.02%)	2
2	Nina Buonvecchi	KWN	10 (2)	00:35.86	7	00:39.54	3.68 (10.26%)	4
3	Ethan McAleese	KWN	8 (8)	00:37.24	5	00:48.00	10.76 (28.89%)	5
4	Zalman Hardy	KWN	15 (1)	00:37.51	5	00:40.35	2.84 (7.57%)	3
5	Lara Buonvecchi	KWN	10 (2)	00:38.06	5	00:37.92	-0.14 (-0.37%)	1
6	Alexander-Thomas Nolan (pp)	KWN	9 (11)	00:42.72	0	Did Not Swim		

**Records Summary**

**400m Freestyle**

New:	Male 16yrs SC	Ryan Whiddett	05:02.69	28-Oct-2008
Previous:	Male 16yrs SC	Ryan Whiddett	05:15.49	27-Oct-2003

**25m Freestyle with Fins**

New:	Male 16yrs SC	Ryan Whiddett	00:11.95	28-Oct-2008
Previous:	Male 16yrs SC	Ryan Whiddett	00:12.21	19-Aug-2008
New:	Mens Open SC	Ryan Whiddett	00:11.95	28-Oct-2008
Previous:	Mens Open SC	Ryan Whiddett	00:12.04	12-Feb-2008