

Porter Relay / Distance Trophy Championships
Tuesday 10 March 2009 at Kwinana Recquatic

Short Course

SwimCLUB for Windows

Legend	Green First Time	Yellow Personal Best	Male Club Record	Female Club Record
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Event 2 100m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Shadah Orfinejad (Rec)	KWN	11 (8)		01:50.91		1
2	Sophie Buonvecchi	KWN	8 (4)	02:10.39	Disq - Swimmer did butterfly kick		
3	Jessica VandenLangenberg	KWN	10 (0)	02:06.32	02:09.09	2.77 (2.19%)	2
4	Ashlee Smith (Rec)	KWN	8 (0)	02:08.71	02:28.00	19.29 (14.99%)	3
5	Kristen Cappeluti (Ind Medley)	KWN	8 (5)	02:24.23	02:29.46	5.23 (3.63%)	4

Heat 2

1	Annaleise Gaffney	KWN	10 (7)	01:55.18	01:57.27	2.09 (1.81%)	5
2	Fraser Wipp	KWN	10 (9)	01:38.08	01:35.65	-2.43 (-2.48%)	2
3	Jordan Hooper	KWN	12 (1)	01:31.38	01:35.72	4.34 (4.75%)	3
4	Luke Hooper	KWN	10 (11)	01:36.02	01:35.18	-0.84 (-0.87%)	1
5	Caitlin Cappeluti	KWN	9 (9)	01:43.20	01:48.65	5.45 (5.28%)	4
6	Matt VandenLangenberg	KWN	8 (8)	02:00.11	02:05.91	5.80 (4.83%)	6

Event 3 50m Breaststroke

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Jessica VandenLangenberg	KWN	10 (0)	01:19.09	01:19.96	0.87 (1.10%)	4
2	Kristen Cappeluti	KWN	8 (5)	01:11.02	01:16.92	5.90 (8.31%)	3
3	Matt VandenLangenberg	KWN	8 (8)	01:07.69	Disq – More than 1 Fly kick at start		
4	Ashlee Smith (Rec)	KWN	8 (0)	01:07.74	01:12.24	4.50 (6.64%)	2
5	Sophie Buonvecchi	KWN	8 (4)	01:13.18	01:05.77	-7.41 (-10.13%)	1

Heat 2

1	Annaleise Gaffney	KWN	10 (7)	01:05.94	01:03.79	-2.15 (-3.26%)	3
2	Luke Hooper	KWN	10 (11)	01:02.58	01:04.72	2.14 (3.42%)	5
3	Shadah Orfinejad (Rec)	KWN	11 (8)	00:56.65	00:54.39	-2.26 (-3.99%)	1
4	Fraser Wipp	KWN	10 (9)	00:59.12	01:01.79	2.67 (4.52%)	2
5	Caitlin Cappeluti	KWN	9 (9)	01:03.05	01:04.14	1.09 (1.73%)	4

Heat 3

1	Jordan Hooper	KWN	12 (1)	00:52.58	00:55.95	3.37 (6.41%)	6
2	Steven Scott	KWN	13 (11)	00:49.28	00:55.78	6.50 (13.19%)	5
3	Zalman Hardy	KWN	15 (5)	00:44.86	00:44.44	-0.42 (-0.94%)	1
4	Sebastian Buonvecchi	KWN	12 (7)	00:48.69	00:49.85	1.16 (2.38%)	2
5	Lara Buonvecchi	KWN	10 (7)	00:50.31	00:49.86	-0.45 (-0.89%)	3
6	Olivia Bouwman	KWN	17 (3)	00:53.40	00:54.09	0.69 (1.29%)	4

Event 4 Final 200m (4x50m) Freestyle Porter Relay Trophy (Hcp)

Lane	Name	Time	Team Nomn Time	HC	Team Swim Time	Place
Lane 1	Jessica VandenLangenberg	00:51.72				
Sw 1. FS	Caitlin Cappeluti	00:42.95				
Sw 2. FS	Ethan McAleese	00:37.13				
Sw 3. FS	Majella Bouwman	00:35.62	02:48.00	7	02:55.89	6
Lane 2	Sophie Buonvecchi	00:54.50				
Sw 1. FS	Alexander-Thomas Nolan	00:39.79				
Sw 2. FS	Amberley Bouwman	00:37.46				
Sw 3. FS	Austin McAleese	00:32.23	02:44.00	11	02:42.81	1 st Place
Lane 3	Ryan Whiddett	00:29.60				
Sw 1. FS	Luke Hooper	00:38.18				
Sw 2. FS	Olivia Bouwman	00:38.01				

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Sw 4. FS	Ryan Whiddett	00:32.56	02:19.00	36	02:18.32	2nd Place
Lane 4						
Sw 1. FS	Steven Scott	00:30.59				
Sw 2. FS	Jordan Hooper	00:39.31				
Sw 3. FS	Lara Buonvecchi	00:37.66				
Sw 4. FS	Steven Scott	00:33.65	02:22.00	33	02:21.92	3
Lane 5						
Sw 1. FS	Kristen Cappeluti	00:53.85				
Sw 2. FS	Fraser Wipp	00:42.30				
Sw 3. FS	Zalman Hardy	00:37.28				
Sw 4. FS	Ethan-Lee Nolan	00:33.13	02:47.00	8	02:51.45	5
Lane 6						
Sw 1. FS	Annaleise Gaffney	00:50.88				
Sw 2. FS	Matt VandenLangenberg	00:50.40				
Sw 3. FS	Sebastian Buonvecchi	00:36.46				
Sw 4. FS	Tony Ball	00:36.30	02:55.00	0	02:56.28	4

Event 5a 50m split for 200m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Annaleise Gaffney	KWN	10 (7)	00:50.88	01:02.67	11.79 (23.17%)	6
2	Luke Hooper	KWN	10 (11)	00:39.79	00:45.75	5.96 (14.98%)	3
3	Lara Buonvecchi	KWN	10 (7)	00:37.92	00:44.67	6.75 (17.80%)	2
4	Olivia Bouwman	KWN	17 (3)	00:38.01	00:44.39	6.38 (16.79%)	1
5	Jordan Hooper	KWN	12 (1)	00:39.31	00:54.00	14.69 (37.37%)	4
6	Shadah Orfinejad (Rec)	KWN	11 (8)	00:52.76	00:54.94	2.18 (4.13%)	5

Event 5b 100m split for 200m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Annaleise Gaffney	KWN	10 (7)	01:55.18	02:21.70	26.52 (23.02%)	6
2	Luke Hooper	KWN	10 (11)	01:36.02	01:41.64	5.62 (5.85%)	3
3	Lara Buonvecchi	KWN	10 (7)	01:22.35	01:35.44	13.09 (15.90%)	1
4	Olivia Bouwman	KWN	17 (3)	01:22.66	01:37.48	14.82 (17.93%)	2
5	Jordan Hooper	KWN	12 (1)	01:31.38	01:58.93	27.55 (30.15%)	5
6	Shadah Orfinejad (Rec)	KWN	11 (8)		01:58.54		4

Event 5 200m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Annaleise Gaffney	KWN	10 (7)	04:19.86	04:49.53	29.67 (11.42%)	6
2	Luke Hooper	KWN	10 (11)	03:53.12	03:38.34	-14.78 (-6.34%)	3
3	Lara Buonvecchi	KWN	10 (7)	03:17.05	03:23.21	6.16 (3.13%)	1
4	Olivia Bouwman	KWN	17 (3)	03:25.25	03:28.20	2.95 (1.44%)	2
5	Jordan Hooper	KWN	12 (1)	03:54.03	04:12.50	18.47 (7.89%)	5
6	Shadah Orfinejad (Rec)	KWN	11 (8)		04:07.79		4

Event 5	Heat 1	Lane 1	
Annaleise Gaffney			
	Split	Elapsed	100m
50m Fs	1:02.67	1:02.67	2:21.17
100m Fs	2:21.17	1:18.50	
150m Fs	3:38.34	1:17.17	2:28.36
200m Fs	4:49.53	1:11.19	

Event 5	Heat 1	Lane 2	
Luke Hooper			
	Split	Elapsed	100m
50m Fs	0:45.75	0:45.75	1:41.64
100m Fs	1:41.64	0:55.89	
150m Fs	2:39.53	0:57.89	1:57.20
200m Fs	3:38.84	0:59.31	

Event 5	Heat 1	Lane 3	
Lara Buonvecchi			
	Split	Elapsed	100m
50m Fs	0:44.67	0:44.67	1:35.44
100m Fs	1:35.44	0:50.77	
150m Fs	2:29.93	0:54.49	1:47.77
200m Fs	3:23.21	0:53.28	

Event 5	Heat 1	Lane 4	
Olivia Bouwman			
	Split	Elapsed	100m
50m Fs	0:44.39	0:44.39	

Event 5	Heat 1	Lane 5	
Jordan Hooper			
	Split	Elapsed	100m
50m Fs	0:54.00	0:54.00	

Event 5	Heat 1	Lane 6	
Shadah Orfinejad (Rec)			
	Split	Elapsed	100m
50m Fs	0:54.94	0:54.94	

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100m Fs	1:37.48	0:53.09	1:37.48
150m Fs	2:33.06	0:55.58	
200m Fs	3:28.20	0:55.14	1:50.72

100m Fs	1:58.93	1:04.93	1:58.93
150m Fs	3:08.00	1:09.07	
200m Fs	4:12.50	1:04.50	2:13.57

100m Fs	1:58.54	1:03.60	1:58.54
150m Fs	3:05.13	1:06.59	
200m Fs	4:07.79	1:02.66	2:09.25

Event 6a 50m split for 800m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Tony Ball	KWN	50 (0)	00:36.30	00:40.77	4.47 (12.31%)	1
2	Majella Bouwman	KWN	15 (5)	00:37.10	00:41.51	4.41 (11.89%)	2
3	Alexander-Thomas Nolan	KWN	10 (4)	00:39.79	00:43.80	4.01 (10.08%)	3
4	Zalman Hardy	KWN	15 (5)	00:37.28	00:46.00	8.72 (23.39%)	5
5	Amberley Bouwman	KWN	13 (2)	00:37.82	00:45.36	7.54 (19.94%)	4

Heat 2

1	Austin McAleese	KWN	11 (7)	00:32.23	00:36.94	4.71 (14.61%)	5
2	Ethan-Lee Nolan	KWN	13 (0)	00:34.42	00:36.24	1.82 (5.29%)	4
3	Ryan Whiddett	KWN	16 (10)	00:29.60	00:35.36	5.76 (19.46%)	2
4	Ashley-N'Dene Nolan	KWN	16 (2)	00:33.97	00:36.14	2.17 (6.39%)	3
5	Steven Scott	KWN	13 (11)	00:30.59	00:34.56	3.97 (12.98%)	1
6	Ethan McAleese	KWN	9 (0)	00:37.24	00:44.47	7.23 (19.41%)	6

Event 6b 100m split for 800m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Tony Ball	KWN	50 (0)	01:28.41	01:32.24	3.83 (4.33%)	1
2	Majella Bouwman	KWN	15 (5)	01:17.94			
3	Alexander-Thomas Nolan	KWN	10 (4)	01:29.72	01:33.85	4.13 (4.60%)	2
4	Zalman Hardy	KWN	15 (5)	01:28.78	01:51.74	22.96 (25.86%)	4
5	Amberley Bouwman	KWN	13 (2)	01:26.95	01:39.40	12.45 (14.32%)	3

Heat 2

1	Austin McAleese	KWN	11 (7)	01:10.67	01:20.57	9.90 (14.01%)	5
2	Ethan-Lee Nolan	KWN	13 (0)	01:12.05	01:17.34	5.29 (7.34%)	4
3	Ryan Whiddett	KWN	16 (10)	01:04.54	01:14.24	9.70 (15.03%)	1
4	Ashley-N'Dene Nolan	KWN	16 (2)	01:13.83	01:16.99	3.16 (4.28%)	3
5	Steven Scott	KWN	13 (11)	01:12.36	01:14.28	1.92 (2.65%)	2
6	Ethan McAleese	KWN	9 (0)	01:28.21	01:36.65	8.44 (9.57%)	6

Event 6c 200m split for 800m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Tony Ball	KWN	50 (0)	03:37.94	03:23.99	-13.95 (-6.40%)	2
2	Majella Bouwman	KWN	15 (5)	02:59.75			
3	Alexander-Thomas Nolan	KWN	10 (4)	03:33.49	03:16.83	-16.66 (-7.80%)	1
4	Zalman Hardy	KWN	15 (5)	03:19.60	04:15.42	55.82 (27.97%)	4
5	Amberley Bouwman	KWN	13 (2)	03:16.32	03:34.49	18.17 (9.26%)	3

Heat 2

1	Austin McAleese	KWN	11 (7)	02:49.53	02:54.77	5.24 (3.09%)	5
2	Ethan-Lee Nolan	KWN	13 (0)	02:45.20	02:38.98	-6.22 (-3.77%)	2
3	Ryan Whiddett	KWN	16 (10)	02:25.87	02:37.98	12.11 (8.30%)	1
4	Ashley-N'Dene Nolan	KWN	16 (2)	02:44.83	02:41.20	-3.63 (-2.20%)	3
5	Steven Scott	KWN	13 (11)	02:50.55	02:42.40	-8.15 (-4.78%)	4
6	Ethan McAleese	KWN	9 (0)	03:20.80	03:22.08	1.28 (0.64%)	6

Event 6d 400m split for 800m Freestyle

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Tony Ball	KWN	50 (0)		07:17.33		3
2	Majella Bouwman	KWN	15 (5)		06:37.41		1
3	Alexander-Thomas Nolan	KWN	10 (4)	07:16.25	06:38.02	-38.23 (-8.76%)	2
4	Zalman Hardy	KWN	15 (5)	07:24.11	09:01.22	97.11 (21.87%)	5
5	Amberley Bouwman	KWN	13 (2)		07:26.24		4

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Heat 2

Rank	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Austin McAleese	KWN	11 (7)	05:59.14	05:59.64	0.50 (0.14%)	5
2	Ethan-Lee Nolan	KWN	13 (0)	05:41.11	05:24.47	-16.64 (-4.88%)	2
3	Ryan Whiddett	KWN	16 (10)	05:02.69	05:23.63	20.94 (6.92%)	1
4	Ashley-N'Dene Nolan	KWN	16 (2)	05:52.27	05:34.45	-17.82 (-5.06%)	3
5	Steven Scott	KWN	13 (11)	06:19.70	05:48.05	-31.65 (-8.34%)	4
6	Ethan McAleese	KWN	9 (0)	06:53.34	07:01.28	7.94 (1.92%)	6

Event 6 800m Freestyle Championship

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Tony Ball	KWN	50 (0)		15:05.22		4
2	Majella Bouwman	KWN	15 (5)		13:36.98		2
3	Alexander-Thomas Nolan	KWN	10 (4)	14:40.46	13:16.88	-83.58 (-9.49%)	1
4	Zalman Hardy	KWN	15 (5)	15:06.81	18:01.04	174.23 (19.21%)	5
5	Amberley Bouwman	KWN	13 (2)		15:02.19		3

Event 6	Heat 1	Lane 1			
Tony Ball					
	Split	Elapsed	100m	200m	400m
50m Fs	00:40.77	00:40.77			
100m Fs	01:32.24	00:51.47	01:32.24	03:23.99	
150m Fs	02:27.79	00:55.55			
200m Fs	03:23.99	00:56.20	01:51.75		
250m Fs	04:22.57	00:58.58			
300m Fs	05:20.29	00:57.72	01:56.30	03:53.34	
350m Fs	06:18.44	00:58.15			
400m Fs	07:17.33	00:58.89	01:57.04		
450m Fs	08:15.35	00:58.02			
500m Fs	09:15.35	01:00.00	01:58.02	03:57.23	
550m Fs	10:14.53	00:59.18			
600m Fs	11:14.56	01:00.03	01:59.21		
650m Fs	12:13.58	00:59.02			
700m Fs	13:12.58	00:59.00	01:58.02	03:50.66	
750m Fs	14:10.61	00:58.03			
800m Fs	15:05.22	00:54.61	01:52.64		

Event 6	Heat 1	Lane 2			
Majella Bouwman					
	Split	Elapsed	100m	200m	400m
50m Fs	00:41.51	00:41.51			
100m Fs	01:29.74	00:48.23	01:29.74	03:10.62	
150m Fs	02:19.81	00:50.07			
200m Fs	03:10.62	00:50.81	01:40.88		
250m Fs	04:01.90	00:51.28			
300m Fs	04:52.84	00:50.94	01:42.22	03:26.79	
350m Fs	05:45.33	00:52.49			
400m Fs	06:37.41	00:52.08	01:44.57		
450m Fs	07:30.22	00:52.81			
500m Fs	08:22.32	00:52.10	01:44.91	03:31.01	
550m Fs	09:15.09	00:52.77			
600m Fs	10:08.42	00:53.33	01:46.10		
650m Fs	11:01.02	00:52.60			
700m Fs	11:56.10	00:55.08	01:47.68	03:28.56	
750m Fs	12:51.46	00:55.36			
800m Fs	13:36.98	00:45.52	01:40.88		

Event 6	Heat 1	Lane 3			
Alexander-Thomas Nolan					
	Split	Elapsed	100m	200m	400m
50m Fs	00:43.80	00:43.80			
100m Fs	01:33.85	00:50.05	01:33.85	03:16.83	
150m Fs	02:25.25	00:51.40			
200m Fs	03:16.83	00:51.58	01:42.98		
250m Fs	04:08.67	00:51.84			
300m Fs	05:00.28	00:51.61	01:43.45	03:21.19	
350m Fs	05:47.56	00:47.28			
400m Fs	06:38.02	00:50.46	01:37.74		
450m Fs	07:26.76	00:48.74			
500m Fs	08:17.50	00:50.74	01:39.48	03:20.24	
550m Fs	09:07.77	00:50.27			
600m Fs	09:58.26	00:50.49	01:40.76		
650m Fs	10:48.66	00:50.40			
700m Fs	11:39.71	00:51.05	01:41.45	03:18.62	
750m Fs	12:31.49	00:51.78			
800m Fs	13:16.88	00:45.39	01:37.17		

Event 6	Heat 1	Lane 4			
Zalman Hardy					
	Split	Elapsed	100m	200m	400m
50m Fs	00:46.00	00:46.00			
100m Fs	01:51.74	01:05.74	01:51.74	04:15.42	
150m Fs	03:03.33	01:11.59			
200m Fs	04:15.42	01:12.09	02:23.68		
250m Fs	05:28.79	01:13.37			
300m Fs	06:40.54	01:11.75	02:25.12	04:45.80	
350m Fs	07:48.31	01:07.77			
400m Fs	09:01.22	01:12.91	02:20.68		
450m Fs	10:08.98	01:07.76			
500m Fs	11:20.47	01:11.49	02:19.25	04:12.71	
550m Fs	12:16.81	00:56.34			
600m Fs	13:13.93	00:57.12	01:53.46		
650m Fs	14:11.43	00:57.50			
700m Fs	15:25.03	01:13.60	02:11.10	04:47.11	
750m Fs	16:43.78	01:18.75			
800m Fs	18:01.04	01:17.26	02:36.01		

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Event 6	Heat 1	Lane 5			
Amberley Bouwman					
	Split	Elapsed	100m	200m	400m
50m Fs	00:45.36	00:45.36	01:39.40	03:34.49	07:26.24
100m Fs	01:39.40	00:54.04			
150m Fs	02:35.91	00:56.51	01:55.09	03:51.75	
200m Fs	03:34.49	00:58.58			
250m Fs	04:33.97	00:59.48	01:54.67	03:51.75	
300m Fs	05:29.16	00:55.19			
350m Fs	06:28.10	00:58.94	01:57.08	03:51.75	
400m Fs	07:26.24	00:58.14			
450m Fs	08:25.32	00:59.08	01:57.26	03:53.21	07:35.95
500m Fs	09:23.50	00:58.18			
550m Fs	10:21.45	00:57.95	01:55.95	03:42.74	
600m Fs	11:19.45	00:58.00			
650m Fs	12:16.92	00:57.47	01:53.92	03:42.74	
700m Fs	13:13.37	00:56.45			
750m Fs	14:07.70	00:54.33	01:48.82	03:42.74	
800m Fs	15:02.19	00:54.49			

Heat 2

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Austin McAleese	KWN	11 (7)	13:52.02	12:16.57	-95.45 (-11.47%)	5 11yrs Record
2	Ethan-Lee Nolan	KWN	13 (0)	12:01.93	10:53.75	-68.18 (-9.44%)	2 13yrs Record
3	Ryan Whiddett	KWN	16 (10)	10:47.18	10:48.54	1.36 (0.21%)	1
4	Ashley-N'Dene Nolan	KWN	16 (2)	11:54.32	11:25.38	-28.94 (-4.05%)	3 16yrs Record
5	Steven Scott	KWN	13 (11)	12:53.15	11:54.38	-58.77 (-7.60%)	4
6	Ethan McAleese	KWN	9 (0)	14:01.24	14:25.12	23.88 (2.84%)	6

Event 6	Heat 2	Lane 1			
Austin McAleese					
	Split	Elapsed	100m	200m	400m
50m Fs	00:36.94	00:36.94	01:20.57	02:54.77	05:59.64
100m Fs	01:20.57	00:43.63			
150m Fs	02:07.61	00:47.04	01:34.20	03:04.87	
200m Fs	02:54.77	00:47.16			
250m Fs	03:41.35	00:46.58	01:32.99	03:04.87	
300m Fs	04:27.76	00:46.41			
350m Fs	05:13.59	00:45.83	01:31.88	03:11.13	
400m Fs	05:59.64	00:46.05			
450m Fs	06:46.59	00:46.95	01:34.59	03:11.13	06:16.93
500m Fs	07:34.23	00:47.64			
550m Fs	08:23.25	00:49.02	01:36.54	03:05.80	
600m Fs	09:10.77	00:47.52			
650m Fs	09:58.11	00:47.34	01:35.25	03:05.80	
700m Fs	10:46.02	00:47.91			
750m Fs	11:32.75	00:46.73	01:30.5	03:05.80	
800m Fs	12:16.57	00:43.82			

Event 6	Heat 2	Lane 2			
Ethan-Lee Nolan					
	Split	Elapsed	100m	200m	400m
50m Fs	00:36.24	00:36.24	01:17.34	02:38.98	05:24.47
100m Fs	01:17.34	00:41.10			
150m Fs	01:58.48	00:41.14	01:21.64	02:45.49	
200m Fs	02:38.98	00:40.50			
250m Fs	03:20.09	00:41.11	01:22.43	02:45.49	
300m Fs	04:01.41	00:41.32			
350m Fs	04:42.76	00:41.35	01:23.06	02:46.90	
400m Fs	05:24.47	00:41.71			
450m Fs	06:06.33	00:41.86	01:23.29	02:46.90	05:29.28
500m Fs	06:47.76	00:41.43			
550m Fs	07:29.52	00:41.76	01:23.61	02:42.38	
600m Fs	08:11.37	00:41.85			
650m Fs	08:53.00	00:41.63	01:23.24	02:42.38	
700m Fs	09:34.61	00:41.61			
750m Fs	10:15.48	00:40.87	01:19.14	02:42.38	
800m Fs	10:53.75	00:38.27			

Porter Relay / Distance Trophy Championships

Tuesday 10 March 2009 at Kwinana Recquatic

Short Course

SwimCLUB for Windows

			5		
Event 6	Heat 2	Lane 3			
Ryan Whiddett					
	Split	Elapsed	100m	200m	400m
50m Fs	00:35.36	00:35.36	01:14.24	02:37.98	05:23.63
100m Fs	01:14.24	00:38.88			
150m Fs	01:55.02	00:40.78			
200m Fs	02:37.98	00:42.96	01:23.74	02:45.65	05:24.91
250m Fs	03:20.69	00:42.71			
300m Fs	04:01.13	00:40.44	01:23.15		
350m Fs	04:42.37	00:41.24	01:22.50	02:38.00	05:50.93
400m Fs	05:23.63	00:41.26			
450m Fs	06:04.92	00:41.29	01:23.13	02:46.91	
500m Fs	06:46.76	00:41.84			
550m Fs	07:29.93	00:43.17	01:23.78	02:54.99	
600m Fs	08:10.54	00:40.61			
650m Fs	08:51.20	00:40.66	01:21.28	02:54.99	
700m Fs	09:31.82	00:40.62			
750m Fs	10:12.01	00:40.19	01:16.72	02:54.99	
800m Fs	10:48.54	00:36.53			

Event 6	Heat 2	Lane 4			
Ashley-N'Dene Nolan					
	Split	Elapsed	100m	200m	400m
50m Fs	00:36.14	00:36.14	01:16.99	02:41.20	05:34.45
100m Fs	01:16.99	00:40.85			
150m Fs	01:58.66	00:41.67			
200m Fs	02:41.20	00:42.54	01:24.21	02:53.25	05:50.93
250m Fs	03:24.25	00:43.05			
300m Fs	04:07.11	00:42.86	01:25.91		
350m Fs	04:50.28	00:43.17	01:27.34	02:55.94	
400m Fs	05:34.45	00:44.17			
450m Fs	06:18.18	00:43.73	01:27.67	02:55.94	
500m Fs	07:02.12	00:43.94			
550m Fs	07:46.14	00:44.02	01:28.27	02:54.99	
600m Fs	08:30.39	00:44.25			
650m Fs	09:14.81	00:44.42	01:28.96	02:54.99	
700m Fs	09:59.35	00:44.54			
750m Fs	10:42.90	00:43.55	01:26.03	02:54.99	
800m Fs	11:25.38	00:42.48			

Event 6	Heat 2	Lane 5			
Steven Scott					
	Split	Elapsed	100m	200m	400m
50m Fs	00:34.56	00:34.56	01:14.28	02:42.40	05:48.05
100m Fs	01:14.28	00:39.72			
150m Fs	01:57.30	00:43.02			
200m Fs	02:42.40	00:45.10	01:28.12	03:05.65	06:06.33
250m Fs	03:27.80	00:45.40			
300m Fs	04:13.67	00:45.87	01:31.27		
350m Fs	04:59.95	00:46.28	01:34.38	03:06.79	
400m Fs	05:48.05	00:48.10			
450m Fs	06:35.30	00:47.25	01:34.59	03:06.79	
500m Fs	07:22.64	00:47.34			
550m Fs	08:10.17	00:47.53	01:32.20	03:06.79	
600m Fs	08:54.84	00:44.67			
650m Fs	09:40.84	00:46.00	01:33.36	02:59.54	
700m Fs	10:28.20	00:47.36			
750m Fs	11:12.64	00:44.44	01:26.1	02:59.54	
800m Fs	11:54.38	00:41.74			

Event 6	Heat 2	Lane 6			
Ethan McAleese					
	Split	Elapsed	100m	200m	400m
50m Fs	00:44.47	00:44.47	01:36.55	03:22.08	07:01.28
100m Fs	01:36.55	00:52.08			
150m Fs	02:29.53	00:52.98			
200m Fs	03:22.08	00:52.55	01:45.53	03:39.20	07:23.84
250m Fs	04:15.57	00:53.49			
300m Fs	05:10.03	00:54.46	01:47.95		
350m Fs	06:05.27	00:55.24	01:51.25	03:39.20	
400m Fs	07:01.28	00:56.01			
450m Fs	07:56.64	00:55.36	01:53.82	03:48.29	
500m Fs	08:55.10	00:58.46			
550m Fs	09:51.33	00:56.23	01:54.47	03:35.55	
600m Fs	10:49.57	00:58.24			
650m Fs	11:46.64	00:57.07	01:48.98	03:35.55	
700m Fs	12:38.55	00:51.91			
750m Fs	13:36.73	00:58.18	01:46.57	03:35.55	
800m Fs	14:25.12	00:48.39			

800m Freestyle Distance Championships

Male	1st Place	Ryan Whiddett	10:48.54
Male	2nd Place	Ethan-Lee Nolan	10:53.75
Male	3rd Place	Steven Scott	11:54.38

Female	1st Place	Ashley-N'Dene Nolan	11:25.38
Female	2nd Place	Majella Bouwman	13:36.98
Female	3rd Place	Amberley Bouwman	15:02.19

Records Summary

200m Freestyle

New:	Female 16yrs SC	Ashley-N'Dene Nolan	02:41.20	10-Mar-2009
Previous:	Female 16yrs SC	Ashlee Wagener	02:56.86	2-Dec-2003
New:	Female Open SC	Ashley-N'Dene Nolan	02:41.20	10-Mar-2009
Previous:	Female Open SC	Breanna Jones	02:44.07	12-Aug-2007

400m Freestyle

New:	Female 16yrs SC	Ashley-N'Dene Nolan	05:34.45	10-Mar-2009
Previous:	Female 16yrs SC	Ashlee Wagener	06:13.92	2-Dec-2003
New:	Female Open SC	Ashley-N'Dene Nolan	05:34.45	10-Mar-2009
Previous:	Female Open SC	Kelsey Jones	05:35.15	15-Jun-2008

800m Freestyle

New:	Male 13yrs SC	Ethan-Lee Nolan	10:53.75	10-Mar-2009
Previous:	Male 13yrs SC	Ryan Whiddett	12:03.68	19-Mar-2006
New:	Female 16yrs SC	Ashley-N'Dene Nolan	11:25.38	10-Mar-2009
Previous:	Female 16yrs SC	Ashlee Wagener	12:57.68	2-Dec-2003
New:	Male 11yrs SC	Austin McAleese	12:16.57	10-Mar-2009
Previous:	Male 11yrs SC	Ethan-Lee Nolan	13:21.18	10-Jul-2007