

Sprints Meet # 01W

Tuesday 22 July 2008 at Kwinana Recquatic

Short Course
SwimCLUB for Windows

Legend	Green First Time	Yellow Personal Best	Male Club Record	Female Club Record
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Event 1 25m Backstroke (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Matt VandenLangenberg	KWN	8 (0)	00:33.83	00:31.40	-2.43 (-7.18%)	3
3	Sophie Buonvecchi	KWN	7 (8)	00:30.78	00:31.39	0.61 (1.98%)	2
4	Kristen Cappeluti	KWN	7 (9)	00:32.20	00:33.33	1.13 (3.51%)	4
5	Annaleise Gaffney (Rec)	KWN	9 (11)		00:27.45		1

Heat 2

1	Jessica VandenLangenberg	KWN	9 (5)	00:30.44	00:32.57	2.13 (7.00%)	5
2	Luke Hooper	KWN	10 (3)	00:22.79	00:22.37	-0.42 (-1.84%)	3
3	Kelsey Jones	KWN	13 (5)	00:20.42	00:19.84	-0.58 (-2.84%)	1
4	Nina Buonvecchi	KWN	9 (11)	00:21.22	00:20.90	-0.32 (-1.51%)	2
5	Caitlin Cappeluti	KWN	9 (1)	00:25.38	00:25.59	0.21 (0.83%)	4

Event 2 100m Backstroke (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Zalman Hardy	KWN	14 (10)		01:51.83		1
3	Caitlin Cappeluti	KWN	9 (1)	02:14.80	02:08.84	-5.96 (-4.42%)	2
4	Annaleise Gaffney (Rec)	KWN	9 (11)	02:18.44	02:11.43	-7.01 (-5.06%)	3

Heat 2

2	Kelsey Jones	KWN	13 (5)	01:24.55	01:32.71	8.16 (9.65%)	3
3	Ryan Whiddett	KWN	16 (3)	01:19.77	01:20.78	1.01 (1.27%)	1
4	Austin McAleese	KWN	10 (11)	01:20.89	01:34.51	13.62 (16.84%)	4
5	Steven Scott	KWN	13 (4)	01:29.48	01:27.49	-1.99 (-2.22%)	2

Event 3 25m Sidestroke (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Sebastian Buonvecchi	KWN	11 (11)		00:25.76		2 11yrs Record
3	Sophie Buonvecchi	KWN	7 (8)	00:50.12	00:42.04	-8.08 (-16.12%)	4
4	Kelsey Jones	KWN	13 (5)		00:24.40		1 13yrs Record
5	Nina Buonvecchi	KWN	9 (11)		00:27.33		3 9yrs Record

Heat 2

2	Caitlin Cappeluti	KWN	9 (1)	00:33.30	00:36.06	2.76 (8.29%)	4
3	Ryan Whiddett	KWN	16 (3)	00:20.91	00:20.79	-0.12 (-0.57%)	1 16yrs Record
4	Lara Buonvecchi	KWN	9 (11)	00:30.21	00:30.27	0.06 (0.20%)	2
5	Annaleise Gaffney (Rec)	KWN	9 (11)	00:35.44	00:33.70	-1.74 (-4.91%)	3

Event 4 50m Breaststroke (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Kristen Cappeluti	KWN	7 (9)	01:35.17	01:28.54	-6.63 (-6.97%)	3
3	Sophie Buonvecchi	KWN	7 (8)	01:14.64	01:16.78	2.14 (2.87%)	1
4	Matt VandenLangenberg	KWN	8 (0)	01:16.81	01:23.56	6.75 (8.79%)	2
5	Jessica VandenLangenberg	KWN	9 (5)	01:43.90	01:41.08	-2.82 (-2.71%)	4

Heat 2

1	Annaleise Gaffney (Rec)	KWN	9 (11)	01:11.40	01:10.13	-1.27 (-1.78%)	5
2	Luke Hooper	KWN	10 (3)	01:02.58	01:08.15	5.57 (8.90%)	3
3	Lara Buonvecchi	KWN	9 (11)	00:51.20	00:56.54	5.34 (10.43%)	2
4	Steven Scott	KWN	13 (4)	00:52.89	00:52.70	-0.19 (-0.36%)	1
5	Caitlin Cappeluti	KWN	9 (1)	01:04.72	01:08.99	4.27 (6.60%)	4

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Heat 3

1	Zalman Hardy	KWN	14 (10)	00:48.76	00:47.82	-0.94 (-1.93%)	4
2	Kelsey Jones	KWN	13 (5)	00:45.29	00:47.79	2.50 (5.52%)	3
3	Ryan Whiddett	KWN	16 (3)	00:36.63	00:37.48	0.85 (2.32%)	1
4	Austin McAleese	KWN	10 (11)	00:43.70	00:47.37	3.67 (8.40%)	2
5	Sebastian Buonvecchi	KWN	11 (11)	00:48.69	00:50.84	2.15 (4.42%)	5
6	Nina Buonvecchi	KWN	9 (11)	00:50.69	00:53.73	3.04 (6.00%)	6

Event 5 50m Survival Backstroke (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Annaleise Gaffney (Rec)	KWN	9 (11)		01:13.39		3
3	Austin McAleese	KWN	10 (11)		00:56.88		1
4	Lara Buonvecchi	KWN	9 (11)		01:05.19		2

Heat 2

2	Kelsey Jones	KWN	13 (5)		00:56.09		2	13yrs Record
3	Ryan Whiddett	KWN	16 (3)		00:50.30		1	16+Opn Rec
4	Steven Scott	KWN	13 (4)		01:01.31		3	
5	Sebastian Buonvecchi	KWN	11 (11)		01:03.65		4	

Event 6 25m Freestyle (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Sebastian Buonvecchi	KWN	11 (11)		00:17.00		1
2	Sophie Buonvecchi	KWN	7 (8)	00:29.94	00:27.62	-2.32 (-7.75%)	2
3	Jessica VandenLangenberg	KWN	9 (5)	00:28.10	00:29.83	1.73 (6.16%)	4
4	Matt VandenLangenberg	KWN	8 (0)	00:29.77	00:28.20	-1.57 (-5.27%)	3
5	Kristen Cappeluti	KWN	7 (9)	00:37.93	00:36.95	-0.98 (-2.58%)	5

Heat 2

1	Caitlin Cappeluti	KWN	9 (1)	00:20.35	00:23.31	2.96 (14.55%)	5
2	Kelsey Jones	KWN	13 (5)	00:18.74	00:18.00	-0.74 (-3.95%)	3
3	Ryan Whiddett	KWN	16 (3)	00:13.59	00:13.81	0.22 (1.62%)	1
4	Nina Buonvecchi	KWN	9 (11)	00:17.62	00:17.11	-0.51 (-2.89%)	2
5	Luke Hooper	KWN	10 (3)	00:18.80	00:20.45	1.65 (8.78%)	4
6	Annaleise Gaffney (Rec)	KWN	9 (11)	00:23.95	00:24.61	0.66 (2.76%)	6

Event 7 100m Freestyle (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Annaleise Gaffney (Rec)	KWN	9 (11)	02:13.87	02:10.49	-3.38 (-2.52%)	3
3	Luke Hooper	KWN	10 (3)	01:43.10	01:47.88	4.78 (4.64%)	1
4	Caitlin Cappeluti	KWN	9 (1)	02:00.05	02:05.52	5.47 (4.56%)	2
5	Sophie Buonvecchi	KWN	7 (8)		02:37.11		4

Heat 2

1	Zalman Hardy	KWN	14 (10)	01:39.16	01:54.94	15.78 (15.91%)	5
2	Steven Scott	KWN	13 (4)	01:15.22	01:21.25	6.03 (8.02%)	2
3	Ryan Whiddett	KWN	16 (3)	01:04.54	01:06.69	2.15 (3.33%)	1
4	Austin McAleese	KWN	10 (11)	01:10.67	01:26.95	16.28 (23.04%)	3
5	Kelsey Jones	KWN	13 (5)	01:16.83	01:27.40	10.57 (13.76%)	4

Event 8 50m Freestyle With Fins (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place	
2	Lara Buonvecchi	KWN	9 (11)		00:35.61		2	
3	Matt VandenLangenberg	KWN	8 (0)	00:57.33	00:57.66	0.33 (0.58%)	4	
4	Kristen Cappeluti	KWN	7 (9)	00:57.39	00:57.38	-0.01 (-0.02%)	3	
5	Nina Buonvecchi	KWN	9 (11)		00:32.28		1	9yrs Record

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Heat 2

2	Annaleise Gaffney (Rec)	KWN	9 (11)	00:42.50	00:40.46	-2.04 (-4.80%)	2
3	Luke Hooper	KWN	10 (3)	00:36.47	00:37.51	1.04 (2.85%)	1
4	Caitlin Cappeluti	KWN	9 (1)	00:37.79	00:43.32	5.53 (14.63%)	3
5	Jessica VandenLangenberg	KWN	9 (5)	00:50.76	01:07.68	16.92 (33.33%)	4

Event 9 50m Butterfly (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Annaleise Gaffney (Rec)	KWN	9 (11)		01:23.42		3
2	Matt VandenLangenberg	KWN	8 (0)	01:32.71	01:40.04	7.33 (7.91%)	4
3	Zalman Hardy	KWN	14 (10)	00:47.60	00:50.35	2.75 (5.78%)	1
4	Sebastian Buonvecchi	KWN	11 (11)	00:52.80	01:01.96	9.16 (17.35%)	2
5	Sophie Buonvecchi	KWN	7 (8)	01:41.15	01:43.93	2.78 (2.75%)	5

Heat 2

1	Luke Hooper	KWN	10 (3)	00:45.36	00:55.46	10.10 (22.27%)	5
2	Kelsey Jones	KWN	13 (5)	00:39.86	00:44.19	4.33 (10.86%)	3
3	Austin McAleese	KWN	10 (11)	00:35.17	00:41.32	6.15 (17.49%)	1
4	Nina Buonvecchi	KWN	9 (11)	00:38.58	00:46.35	7.77 (20.14%)	4
5	Steven Scott	KWN	13 (4)	00:40.98	00:41.96	0.98 (2.39%)	2

Event 10 25m Free with Kickboard (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Sophie Buonvecchi	KWN	7 (8)	00:31.57	00:31.02	-0.55 (-1.74%)	3
3	Caitlin Cappeluti	KWN	9 (1)	00:28.22	00:30.96	2.74 (9.71%)	2
4	Jessica VandenLangenberg	KWN	9 (5)	00:29.59	00:44.68	15.09 (51.00%)	4
5	Austin McAleese	KWN	10 (11)		00:27.09		1

Heat 2

2	Lara Buonvecchi	KWN	9 (11)	00:19.93	00:20.59	0.66 (3.31%)	3
3	Ryan Whiddett	KWN	16 (3)	00:16.30	00:16.41	0.11 (0.67%)	1
4	Nina Buonvecchi	KWN	9 (11)	00:19.02	00:19.76	0.74 (3.89%)	2
5	Annaleise Gaffney (Rec)	KWN	9 (11)	00:26.67	00:26.17	-0.50 (-1.87%)	4

Event 11 200m Individual Medley (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Luke Hooper	KWN	10 (3)		04:23.02		3
3	Zalman Hardy	KWN	14 (10)		04:02.37		2
4	Austin McAleese	KWN	10 (11)		03:22.70		1

Heat 2

2	Nina Buonvecchi	KWN	9 (11)	03:28.12	03:41.93	13.81 (6.64%)	3
3	Kelsey Jones	KWN	13 (5)	03:07.75	03:15.58	7.83 (4.17%)	1
4	Steven Scott	KWN	13 (4)	03:09.84	03:34.56	24.72 (13.02%)	2
5	Lara Buonvecchi	KWN	9 (11)	03:51.22	04:01.88	10.66 (4.61%)	4

Event 12 50m Underwater with Fins (Go)

Heat 1

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Sophie Buonvecchi	KWN	7 (8)		00:56.74		3
3	Nina Buonvecchi	KWN	9 (11)		00:38.39		1 9yrs Record
4	Annaleise Gaffney (Rec)	KWN	9 (11)		00:50.98		2

Heat 2

2	Lara Buonvecchi	KWN	9 (11)		00:45.01		3
3	Ryan Whiddett	KWN	16 (3)		00:32.24		1 16yrs Record
4	Sebastian Buonvecchi	KWN	11 (11)		00:44.82		2
5	Caitlin Cappeluti	KWN	9 (1)		00:50.99		4

Records Summary

25m Sidestroke

New:	Female 13yrs SC	Kelsey Jones	00:24.40	22-Jul-2008
Previous:	Female 13yrs SC	Ashley-N'Dene Nolan	00:25.12	1-Aug-2006
New:	Male 11yrs SC	Sebastian Buonvecchi	00:25.76	22-Jul-2008
Previous:	Male 11yrs SC	Stephen Dodd	00:27.54	1-Feb-2005
New:	Female 9yrs SC	Nina Buonvecchi	00:27.33	22-Jul-2008
Previous:	Female 9yrs SC	Kelsey Jones	00:28.07	22-Jun-2004
New:	Female 16yrs SC	Ryan Whiddett	00:20.79	22-Jul-2008
Previous:	Female 16yrs SC	Ryan Whiddett	00:20.91	10-Jun-2008

50m Survival Backstroke

New:	Male 16yrs SC	Ryan Whiddett	00:50.30	22-Jul-2008
Previous:	Male 16yrs SC	Inaugural		
New:	Male Open SC	Ryan Whiddett	00:50.30	22-Jul-2008
Previous:	Male Open SC	Tony Ball	00:53.96	24-Feb-2004
New:	Female 13yrs SC	Kelsey Jones	00:56.09	22-Jul-2008
Previous:	Female 13yrs SC	Ashley-N'Dene Nolan	01:00.40	1-Aug-2006

50m Freestyle with Fins

New:	Female 9yrs SC	Nina Buonvecchi	00:32.28	22-Jul-2008
Previous:	Female 9yrs SC	Mikaylah Jones	00:32.60	29-Jan-2008

50m Underwater with Fins

New:	Male 16yrs SC	Ryan Whiddett	00:32.24	22-Jul-2008
Previous:	Male 16yrs SC	Conor Burke	00:34.67	10-Feb-2004
New:	Female 9yrs SC	Nina Buonvecchi	00:38.39	22-Jul-2008
Previous:	Female 9yrs SC	Nina Buonvecchi	00:39.43	29-Jan-2008