

# 2009 VIRTUAL ROTTNEST CHANNEL SWIM

## W.eary A.rms L.egs L.imbs Y.es RELAY TEAM

### Annalise Gaffney

		Prog Time	Split
500m	1st 500m	0:12:39.17	0:12:39.17
3000m	2nd 500m	1:03:10.24	0:13:08.54
5500m	3rd 500m	1:55:55.03	0:13:07.82
8000m	4th 500m	2:49:17.41	0:14:39.21
10500m	5th 500m	3:45:26.28	0:15:13.46
13000m	6th 500m	4:41:33.89	0:14:24.32
15500m	7th 500m	5:38:59.23	0:14:01.97
18000m	8th 500m	6:35:37.48	0:16:13.43
		<b>4km</b>	<b>1:53:27.92</b>

### Lara Buonvecchi

		Prog Time	Split
1500m	1st 500m	0:30:40.14	0:09:07.53
4000m	2nd 500m	1:23:09.98	0:10:32.93
6500m	3rd 500m	2:14:50.94	0:09:52.06
9000m	4th 500m	3:10:09.21	0:10:58.70
11500m	5th 500m	4:07:12.15	0:11:37.11
14000m	6th 500m	5:04:53.81	0:12:01.36
16500m	7th 500m	5:59:27.55	0:10:27.19
19000m	8th 500m	6:56:43.54	0:11:54.06
		<b>4km</b>	<b>1:26:30.94</b>

### John Buonvecchi

		Prog Time	Split
2500m	1st 500m	0:50:01.70	0:10:11.81
5000m	2nd 500m	1:42:47.21	0:10:08.77
7500m	3rd 500m	2:34:38.20	0:10:05.88
10000m	4th 500m	3:30:12.82	0:10:33.62
12500m	5th 500m	4:27:09.57	0:10:23.70
15000m	6th 500m	5:24:57.26	0:10:30.78
17500m	7th 500m	6:19:24.05	0:10:23.47
20000m	8th 500m	7:16:47.16	0:10:33.39
		<b>4km</b>	<b>1:22:51.42</b>

### Sebastian Buonvecchi

		Prog Time	Split
1000m	1st 500m	0:21:32.61	0:08:53.44
3500m	2nd 500m	1:12:37.05	0:09:26.81
6000m	3rd 500m	2:04:58.88	0:09:03.85
8500m	4th 500m	2:59:10.51	0:09:53.10
11000m	5th 500m	3:55:35.04	0:10:08.76
13500m	6th 500m	4:52:52.45	0:11:18.56
16000m	7th 500m	5:49:00.36	0:10:01.13
18500m	8th 500m	6:44:49.48	0:09:12.00
		<b>4km</b>	<b>1:17:57.65</b>

### Tony Ball

		Prog Time	Split
2000m	1st 500m	0:39:49.89	0:09:09.75
4500m	2nd 500m	1:32:38.44	0:09:28.46
7000m	3rd 500m	2:24:32.32	0:09:41.38
9500m	4th 500m	3:19:39.20	0:09:29.99
12000m	5th 500m	4:16:45.87	0:09:33.72
14500m	6th 500m	5:14:26.48	0:09:32.67
17000m	7th 500m	6:09:00.58	0:09:33.03
19500m	8th 500m	7:06:13.77	0:09:30.23
		<b>4km</b>	<b>1:15:59.23</b>

Team Total Time: **7:16:47.16**