

Legend	Green First Time	Yellow Personal Best	Male Club Record	Female Club Record
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Saturday 9th August 2008 Day 1

Event 2a 50m split for 800m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	00:29.60	00:33.99	4.39 (14.83%)	1
4	Kelsey Jones	KWN	13 (6)	00:35.77	00:39.14	3.37 (9.42%)	2

Event 2b 100m split for 800m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	01:04.54	01:13.20	8.66 (13.42%)	1
4	Kelsey Jones	KWN	13 (6)	01:16.83	01:20.38	3.55 (4.62%)	2

Event 2c 200m split for 800m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	02:25.87	02:33.60	7.73 (5.30%)	1
4	Kelsey Jones	KWN	13 (6)	02:44.91	02:45.76	0.85 (0.52%)	2

Event 2d 400m split for 800m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	05:15.49	05:18.46	2.97 (0.94%)	1
4	Kelsey Jones	KWN	13 (6)	05:35.15	05:36.26	1.11 (0.33%)	2

Event 2 Mixed Open 800m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	10:47.18	10:50.25	3.07 (0.47%)	1
4	Kelsey Jones	KWN	13 (6)	11:57.08	11:21.97	-35.11 (-4.90%)	2 13yrs+Open Rec

800m Freestyle Splits

Event 2		Ryan Whiddett		100m	200m	400m
	Split	Elapsed				
50m Fs	00:33.99	00:33.99				
100m Fs	01:13.20	00:39.21	01:13.20		02:33.60	
150m Fs	01:53.34	00:40.14				
200m Fs	02:33.60	00:40.26	01:20.40			
250m Fs	03:12.94	00:39.34				
300m Fs	03:54.96	00:42.02	01:21.36		02:44.86	
350m Fs	04:36.33	00:41.37				
400m Fs	05:18.46	00:42.13	01:23.50			
450m Fs	05:58.42	00:39.96				
500m Fs	06:39.67	00:41.25	01:21.21		02:43.57	
550m Fs	07:21.20	00:41.53				
600m Fs	08:02.03	00:40.83	01:22.36			
650m Fs	08:44.17	00:42.14				
700m Fs	09:24.09	00:39.92	01:22.06		02:48.22	
750m Fs	10:08.34	00:44.25				
800m Fs	10:50.25	00:41.91	01:26.16			05:31.79

Event 2		Kelsey Jones		100m	200m	400m
	Split	Elapsed				
50m Fs	00:39.14	00:39.14				
100m Fs	01:20.38	00:41.24	01:20.38		02:45.76	
150m Fs	02:03.13	00:42.75				
200m Fs	02:45.76	00:42.63	01:25.38			
250m Fs	03:27.84	00:42.08				
300m Fs	04:10.33	00:42.49	01:24.57		02:50.50	
350m Fs	04:53.34	00:43.01				
400m Fs	05:36.26	00:42.92	01:25.93			
450m Fs	06:19.86	00:43.60				
500m Fs	07:02.99	00:43.13	01:26.73		02:52.64	
550m Fs	07:46.03	00:43.04				
600m Fs	08:28.90	00:42.87	01:25.91			
650m Fs	09:12.48	00:43.58				
700m Fs	09:55.61	00:43.13	01:26.71		02:53.07	
750m Fs	10:39.10	00:43.49				
800m Fs	11:21.97	00:42.87	01:26.36			05:45.71

Event 5 Mens Open 200m Breaststroke

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	02:57.48	03:06.16	8.68 (4.89%)	1

Rockingham SC Winter Distance Carnival

Sat/Sun 9/10 August 2008 at Warnbro Aqua Jetty

Short Course

SwimCLUB for Windows

Event 14a 50m Fly split for 400m Ind Med

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Kelsey Jones	KWN	13 (6)	00:39.86	00:45.25	5.39 (13.52%)	1

Event 14 100m Fly split for 400m Ind Med

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Kelsey Jones	KWN	13 (6)	01:35.05	01:39.17	4.12 (4.33%)	1

Event 14 Womens Open 400m Individual Medley

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Kelsey Jones	KWN	13 (6)	06:22.41	06:34.25	11.84 (3.10%)	1

400m Individual Medley Splits

Event 6			
Kelsey Jones			
	Split	Elapsed	100m
50m Bf	0:45.25	0:45.25	100m Fly
100m Bf	1:39.17	0:53.92	1:39.17
150m Bk	2:29.19	0:50.02	100m Back
200m Bk	3:17.56	0:48.37	1:38.39
250m Br	4:11.66	0:54.10	100m Brst
300m Br	5:07.08	0:55.42	1:49.52
350m Fs	5:50.90	0:43.82	100m Free
400m Fs	6:34.25	0:43.35	1:27.17

Records Summary

800m Freestyle

New:	Female 13yrs SC	Kelsey Jones	11:21.97	9-Aug-2008
Previous:	Female 13yrs SC	Kelsey Jones	11:57.08	17-Jun-2008
New:	Female Open SC	Kelsey Jones	11:21.97	9-Aug-2008
Previous:	Female Open SC	Ashley-N'Dene Nolan	11:54.32	20-May-2008

Sunday 10th August 2008 Day 2

Event 15a 50m split for 1500m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	00:29.60	No Splits Recorded		
4	Kelsey Jones	KWN	13 (6)	00:35.77	00:39.03	3.26 (9.11%)	1

Event 15b 100m split for 1500m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	01:04.54	No Splits Recorded		
4	Kelsey Jones	KWN	13 (6)	01:16.83	01:20.40	3.57 (4.65%)	1

Event 15c 200m split for 1500m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	02:25.87	No Splits Recorded		
4	Kelsey Jones	KWN	13 (6)	02:44.91	02:46.22	1.31 (0.79%)	1

Event 15d 400m split for 1500m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	05:15.49	No Splits Recorded		
4	Kelsey Jones	KWN	13 (6)	05:35.15	05:40.11	4.96 (1.48%)	1

Rockingham SC Winter Distance Carnival

Sat/Sun 9/10 August 2008 at Warnbro Aqua Jetty

Short Course

SwimCLUB for Windows

Event 15e 800m split for 1500m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	10:47.18	No Splits Recorded		
4	Kelsey Jones	KWN	13 (6)	11:21.97	11:30.22	8.25 (1.21%)	1

Event 15 1500m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	21:12.31	20:36.04	-36.27 (-2.85%)	1 16yrs+Open Rec
4	Kelsey Jones	KWN	13 (6)	22:41.90	21:40.48	-61.42 (-4.51%)	2 13yrs+Open Rec

1500m Freestyle Splits

Event 15		Kelsey Jones				
	Split	Elapsed	100m	300m	500m	
50m Fs	00:39.03	00:39.03				
100m Fs	01:20.40	00:41.37	01:20.40	4:12.95	7:07.60	
150m Fs	02:03.20	00:42.80				
200m Fs	02:46.22	00:43.02	01:25.82			
250m Fs	03:29.35	00:43.13				
300m Fs	04:12.95	00:43.60	01:26.73	4:21.24	7:18.11	
350m Fs	04:56.16	00:43.21				
400m Fs	05:40.11	00:43.95	01:27.16			
450m Fs	06:23.98	00:43.87				
500m Fs	07:07.60	00:43.62	01:27.49	4:23.88	7:18.11	
550m Fs	07:51.18	00:43.58				
600m Fs	08:34.19	00:43.01	01:26.59			
650m Fs	09:17.99	00:43.80				
700m Fs	10:01.54	00:43.55	01:27.35	4:22.27	7:14.77	
750m Fs	10:45.90	00:44.36				
800m Fs	11:30.22	00:44.32	01:28.68			
850m Fs	12:13.89	00:43.67				
900m Fs	12:58.07	00:44.18	01:27.85	4:20.14	7:14.77	
950m Fs	13:41.67	00:43.60				
1000m Fs	14:25.71	00:44.04	01:27.64			
1050m Fs	15:09.60	00:43.89				
1100m Fs	15:53.59	00:43.99	01:27.88	4:20.14	7:14.77	
1150m Fs	16:36.84	00:43.25				
1200m Fs	17:20.34	00:43.50	01:26.75			
1250m Fs	18:03.57	00:43.23				
1300m Fs	18:47.35	00:43.78	01:27.01	4:20.14	7:14.77	
1350m Fs	19:30.85	00:43.50				
1400m Fs	20:14.73	00:43.88	01:27.38			
1450m Fs	20:58.53	00:43.80				
1500m Fs	21:40.48	00:41.95	01:25.75			

Event 16 Mens Open 200m Individual Medley

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Sebastian Buonvecchi	KWN	12 (0)	03:37.74	03:33.21	-4.53 (-2.08%)	1

Event 17 Womens Open 200m Individual Medley

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Nina Buonvecchi	KWN	10 (0)	03:28.12	03:19.85	-8.27 (-3.97%)	1 10yrs Record
4	Lara Buonvecchi	KWN	10 (0)	03:51.22	03:22.12	-29.10 (-12.59%)	2 10yrs Record

Rockingham SC Winter Distance Carnival

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Short Course

SwimCLUB for Windows

Event 18 Mens Open 100m Breaststroke

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Ryan Whiddett	KWN	16 (3)	01:21.54	01:23.19	1.65 (2.02%)	1
4	Sebastian Buonvecchi	KWN	12 (0)	01:46.52	01:45.89	-0.63 (-0.59%)	2

Event 19 Womens Open 100m Breaststroke

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Sophie Buonvecchi	KWN	7 (9)	03:12.98	02:33.63	-39.35 (-20.39%)	3
3	Nina Buonvecchi	KWN	10 (0)	01:46.71	01:58.06	11.35 (10.64%)	2
4	Lara Buonvecchi	KWN	10 (0)	01:47.89	01:53.16	5.27 (4.88%)	1

Event 21 Womens Open 200m Freestyle

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
3	Nina Buonvecchi	KWN	10 (0)	03:02.10	03:09.39	7.29 (4.00%)	1
4	Lara Buonvecchi	KWN	10 (0)	03:28.07	03:25.00	-3.07 (-1.48%)	2

Event 23 Womens Open 100m Butterfly

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
2	Lara Buonvecchi	KWN	10 (0)		02:01.69		3
3	Nina Buonvecchi	KWN	10 (0)	01:32.64	01:42.22	9.58 (10.34%)	2
4	Kelsey Jones	KWN	13 (6)	01:35.05	01:33.88	-1.17 (-1.23%)	1
5	Sophie Buonvecchi	KWN	7 (9)		02:46.66		4 7yrs Record

Records Summary

1500m Freestyle

New:	Female 13yrs SC	Kelsey Jones	21:40.48	10-Aug-2008
Previous:	Female 13yrs SC	Kelsey Jones	22:41.90	17-Jun-2008
New:	Female Open SC	Kelsey Jones	21:40.48	10-Aug-2008
Previous:	Female Open SC	Ashley-N'Dene Nolan	22:38.23	10-Jul-2007
New:	Male 16yrs SC	Ryan Whiddett	20:36.04	10-Aug-2008
Previous:	Male 16yrs SC	Ryan Whiddett	21:12.31	17-Jun-2008
New:	Male Open SC	Ryan Whiddett	20:36.04	10-Aug-2008
Previous:	Male Open SC	Jason Forsyth	20:53.87	18-Jan-2005

200m Individual Medley

New:	Female 10yrs SC	Lara Buonvecchi	03:22.12	10-Aug-2008
Previous:	Female 10yrs SC	Jemma Saxton	03:23.60	8-Aug-2006
New:	Female 10yrs SC	Nina Buonvecchi	03:19.85	10-Aug-2008
Previous:	Female 10yrs SC	Lara Buonvecchi	03:22.12	10-Aug-2008

100m Butterfly

New:	Female 7yrs SC	Sophie Buonvecchi	02:46.66	10-Aug-2008
Previous:	Female 7yrs SC	Inaugural		

Medal Summary

		Gold	Silver	Bronze
	6	2	3	1
Ryan Whiddett	4	2	2	
Sophie Buonvecchi	1		1	
Sebastian Buonvecchi	1			1