

**Sprints Meet # 01W****Tuesday, 29 June 2010****Event 1 25m Backstroke**

<b>Heat 1</b>							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Annaleise Gaffney	KWN	11 (10)		00:22.52		1
2	Ciara Moynihan	KWN	9 (0)		00:28.05		2
<b>Heat 2</b>							
0	Steven Scott	KWN	15 (3)		00:15.80		1
1	Ashlee Smith	KWN	9 (4)	00:27.69	00:29.25	1.56 (5.63%)	2
2	Ethan McDonald	KWN	8 (1)	00:44.26	00:44.14	-0.12 (-0.27%)	3
<b>Heat 3</b>							
0	Kristen Cappeluti	KWN	9 (8)	00:24.80	00:29.59	4.79 (19.31%)	4
1	Matt VandenLangenberg	KWN	10 (0)	00:20.82	00:23.12	2.30 (11.05%)	1
2	Jessica VandenLangenberg	KWN	11 (4)	00:24.78	00:25.26	0.48 (1.94%)	2
3	Fletcher Slee (Vis)	KWN	9 (5)	00:25.74	00:26.74	1.00 (3.89%)	3

**Event 2 100m Backstroke**

<b>Heat 1</b>							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	James Bolton	KWN	8 (6)		02:04.00		3
1	Caitlin Cappeluti	KWN	11 (0)	01:47.86	01:45.01	-2.85 (-2.64%)	1
2	Trent Foo (Vis)	KWN	9 (8)	02:12.82	02:02.38	-10.44 (-7.86%)	2
<b>Heat 2</b>							
0	Fraser Wipp	KWN	12 (1)	01:37.75	01:46.23	8.48 (8.68%)	4
1	Ryan Whiddett	KWN	18 (2)	01:28.63	01:23.90	-4.73 (-5.34%)	1
2	Luke Hooper	KWN	12 (2)	01:32.88	01:37.45	4.57 (4.92%)	2
3	Madeleine Bune	KWN	10 (1)	01:46.45	01:43.81	-2.64 (-2.48%)	3

**Event 3 25m Sidestroke**

<b>Heat 1</b>							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	Annaleise Gaffney	KWN	11 (10)		00:27.69		3
1	Tony Ball	KWN	51 (4)		00:19.47		1
2	Steven Scott	KWN	15 (3)		00:21.25		2
3	Trent Foo (Vis)	KWN	9 (8)		00:33.17		4

**Event 4 50m Breaststroke**

<b>Heat 1</b>							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Ethan McDonald	KWN	8 (1)	01:34.90	01:26.34	-8.56 (-9.02%)	2
2	Ciara Moynihan	KWN	9 (0)		01:09.45		1
<b>Heat 2</b>							
0	James Bolton	KWN	8 (6)	01:07.29	01:04.89	-2.40 (-3.57%)	1
1	Trent Foo (Vis)	KWN	9 (8)	01:06.89	01:12.27	5.38 (8.04%)	3
2	Jessica VandenLangenberg	KWN	11 (4)	01:06.91	01:05.69	-1.22 (-1.82%)	2
<b>Heat 3</b>							
0	Ashlee Smith	KWN	9 (4)	01:01.66	01:02.60	0.94 (1.52%)	3
1	Fletcher Slee (Vis)	KWN	9 (5)	00:55.85	00:57.48	1.63 (2.92%)	1
2	Matt VandenLangenberg	KWN	10 (0)	01:00.33	00:59.62	-0.71 (-1.18%)	2
3	Kristen Cappeluti	KWN	9 (8)	01:02.00	01:04.46	2.46 (3.97%)	4
<b>Heat 4</b>							
0	Fraser Wipp	KWN	12 (1)	00:52.19	00:55.01	2.82 (5.40%)	2
1	Madeleine Bune	KWN	10 (1)	00:50.15	00:55.52	5.37 (10.71%)	3
2	Hannah Miller	KWN	11 (1)	00:52.00	00:52.26	0.26 (0.50%)	1
3	Caitlin Cappeluti	KWN	11 (0)	00:54.80	00:56.77	1.97 (3.59%)	4

**Sprints Meet # 01W****Tuesday, 29 June 2010****Event 5 50m Survival Backstroke**

Heat 1							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	Ethan McDonald	KWN	8 (1)		02:05.92		3
1	Matt VandenLangenberg	KWN	10 (0)		01:08.63		2
2	Ashlee Smith	KWN	9 (4)		01:08.13		1
Heat 2							
0	Steven Scott	KWN	15 (3)		00:48.26		2
1	Tony Ball	KWN	51 (4)		00:55.47		3
2	Ryan Whiddett	KWN	18 (2)		00:47.03		1
3	Annaleise Gaffney	KWN	11 (10)		01:06.55		4

**Event 6 25m Freestyle**

Heat 1							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	Ciara Moynihan	KWN	9 (0)		00:27.81		3
1	Caitlin Cappeluti	KWN	11 (0)		00:18.21		1
2	Annaleise Gaffney	KWN	11 (10)		00:19.20		2
Heat 2							
0	Ethan McDonald	KWN	8 (1)	00:36.79	00:38.45	1.66 (4.51%)	3
1	Trent Foo (Vis)	KWN	9 (8)	00:22.69	00:23.52	0.83 (3.66%)	2
2	Ashlee Smith	KWN	9 (4)	00:22.85	00:23.11	0.26 (1.14%)	1
Heat 3							
0	Fletcher Slee (Vis)	KWN	9 (5)	00:19.82	00:21.43	1.61 (8.12%)	3
1	Steven Scott	KWN	15 (3)	00:13.73	00:13.10	-0.63 (-4.59%)	1
2	Matt VandenLangenberg	KWN	10 (0)	00:19.03	00:20.27	1.24 (6.52%)	2
3	Jessica VandenLangenberg	KWN	11 (4)	00:21.87	00:22.05	0.18 (0.82%)	4

**Event 7 100m Freestyle**

Heat 1							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	Ciara Moynihan	KWN	9 (0)		02:30.86		4
1	Jessica VandenLangenberg	KWN	11 (4)		01:55.10		2
2	Madeleine Bune	KWN	10 (1)		01:36.94		1
3	James Bolton	KWN	8 (6)		01:56.96		3
Heat 2							
0	Kristen Cappeluti	KWN	9 (8)	02:00.21	02:02.42	2.21 (1.84%)	3
1	Caitlin Cappeluti	KWN	11 (0)	01:32.84	01:37.61	4.77 (5.14%)	1
2	Ashlee Smith	KWN	9 (4)	01:58.23	01:59.96	1.73 (1.46%)	2
3	Ethan McDonald	KWN	8 (1)	02:52.74	03:07.06	14.32 (8.29%)	4
Heat 3							
0	Luke Hooper	KWN	12 (2)	01:18.36	01:24.26	5.90 (7.53%)	2
1	Ryan Whiddett	KWN	18 (2)	01:09.39	01:07.59	-1.80 (-2.59%)	1
2	Fraser Wipp	KWN	12 (1)	01:17.87	01:25.84	7.97 (10.24%)	3
3	Hannah Miller	KWN	11 (1)	01:29.12	01:28.68	-0.44 (-0.49%)	4

**Event 8 50m Freestyle With Fins**

Heat 1							
Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	Ethan McDonald	KWN	8 (1)		00:58.95		3
1	Fletcher Slee (Vis)	KWN	9 (5)		00:39.38		1
2	James Bolton	KWN	8 (6)		00:41.62		2

**Sprints Meet # 01W**

Tuesday, 29 June 2010

**Heat 2**

0	Ashlee Smith	KWN	9 (4)	00:40.66	3
1	Annaleise Gaffney	KWN	11 (10)	00:34.34	1
2	Matt VandenLangenberg	KWN	10 (0)	00:40.50	2
3	Trent Foo (Vis)	KWN	9 (8)	00:41.61	4

**Heat 3**

0	Steven Scott	KWN	15 (3)	00:25.82	2
1	Tony Ball	KWN	51 (4)	00:29.52	3
2	Ryan Whiddett	KWN	18 (2)	00:25.78	1
3	Hannah Miller	KWN	11 (1)	00:32.26	4

**Event 9 50m Butterfly****Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Fletcher Slee (Vis)	KWN	9 (5)		01:00.71		1
2	Ciara Moynihan	KWN	9 (0)		01:12.17		2

**Heat 2**

0	James Bolton	KWN	8 (6)	01:15.64	01:15.04	-0.60 (-0.79%)	2
1	Kristen Cappeluti	KWN	9 (8)	01:09.20	01:23.80	14.60 (21.10%)	3
2	Ashlee Smith	KWN	9 (4)	01:10.21	01:12.36	2.15 (3.06%)	1

**Heat 3**

0	Madeleine Bune	KWN	10 (1)	00:53.53	Scratch		
1	Luke Hooper	KWN	12 (2)	00:41.86	00:41.76	-0.10 (-0.24%)	1
2	Fraser Wipp	KWN	12 (1)	00:43.68	00:49.34	5.66 (12.96%)	2
3	Matt VandenLangenberg	KWN	10 (0)	00:56.10	00:57.76	1.66 (2.96%)	3

**Event 10 25m Free with Kickboard****Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	Matt VandenLangenberg	KWN	10 (0)		00:22.14		2
1	Annaleise Gaffney	KWN	11 (10)		00:21.59		1
2	Jessica VandenLangenberg	KWN	11 (4)		00:28.30		3
3	Ethan McDonald	KWN	8 (1)		01:05.69		4

**Heat 2**

0	Steven Scott	KWN	15 (3)		00:14.75		1
1	Tony Ball	KWN	51 (4)		00:18.37		3
2	Ryan Whiddett	KWN	18 (2)		00:16.06		2
3	Caitlin Cappeluti	KWN	11 (0)		00:21.77		4

**Event 11 200m Individual Medley****Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
1	Hannah Miller	KWN	11 (1)		03:53.15		1
2	James Bolton	KWN	8 (6)		05:01.13		2

**Event 12 50m Underwater with Fins****Heat 1**

Lane	Name	Club	Age	NomnTime	SwimTime	Improv	Place
0	Matt VandenLangenberg	KWN	10 (0)		00:47.89		2
1	Annaleise Gaffney	KWN	11 (10)		00:38.36		1
2	Jessica VandenLangenberg	KWN	11 (4)		00:48.46		3
3	Ashlee Smith	KWN	9 (4)		00:48.56		4

# Sprints Meet # 01W

Tuesday, 29 June 2010

---

## Heat 2

0	Steven Scott	KWN	15 (3)	00:30.69	2
1	Tony Ball	KWN	51 (4)	00:37.48	3
2	Ryan Whiddett	KWN	18 (2)	00:30.40	1
3	Hannah Miller	KWN	11 (1)	00:41.90	4